



400 N Highland Ave.
Aurora IL 60506

(630) 978-2532 Tel
(630) 978-2709 Fax
www.vnahealth.com

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Contact: Amy Downing, Director of Marketing
(630) 482-8113

VNA Health Care Kicks Off “Walk into Wellness” event series on February 27 in Romeoville.

VNA Health Care is kicking off its “Walk into Wellness” Community Open House event series on Saturday, February 27 from 10:00 a.m. to Noon with “Keep the Beat”: A Celebration for a Healthy Heart. The event takes place at VNA’s new clinic, located at 161 N. Independence Blvd (Rt 53), near Romeoville High School. The community is invited to attend and learn about risk factors and symptoms of heart disease, get tips for controlling blood pressure, and find resources for quitting smoking. All Walk into Wellness events includes free health screenings, a healthy cooking demonstration with samples, a raffle, and more. For more information about VNA, visit www.vnahealth.com.

Event Date: Saturday, February 27, 2016

Event Time: 10:00 a.m. to Noon

Event Location: VNA Health Care, 160 N. Independence Blvd. (Rt. 53), north of Taylor Rd.

Event Summary: A free open house with health education; healthy cooking demonstrations with tips, recipes, and samples; free health screenings, a raffle, and more.

VNA Health Care provides affordable health care to over 61,000 women, men and children living primarily in Kane, DuPage, and Will counties. VNA runs ten community health centers and is nationally ranked as a top performing health center as a result of patient outcomes such as prenatal care, adolescent weight screening and counseling, vascular disease treatment, blood pressure control, healthy birthweights, and asthma care. VNA’s combination of convenience (by appointment or walk-in), patient-centered technology and expert care delivered with respect and compassion have led to these results. VNA is accredited by The Joint Commission.

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