WHAT TO BRING TO THE HOSPITAL

Clothes for Mom
Pajamas or Sweatpants
Warm Socks
Nursing Bra/Tank Top
Maternity Clothes to Come Home
Fleece/Sweater

Toiletries for Mom
Make up
Comb
Hair Ties/Headband
Lip Balm
Toothbrush
Deodorant
Glasses/Contact Lenses
Shower Essentials

For Baby
Car Seat
Stacked Diaper Bag
Warm Blanket
Going Home Outfit

For Dad
Change of Clothes
Button Down Shirt
Toiletries
Blanket
Entertainment
Bottled Drinks
Snacks
Gum and Mints
Quarters for Vending Machine

Other
_____
_____
_____
_____
_____

In the Diaper Bag
Extra Outfits
Butt Paste
Wipes
Diapers
Swaddle Blanket
2 Burp Cloths
Lovie
Changing Pad
Pacifier
Nursing Cover

Extras
Music
Snacks
Handheld Massager
Tennis Balls in Socks
iPad/Laptop
iPad/Laptop Charger
Camera
Phones
Phone Charger
Memory Card
_____
Batteries
_____
Nurse Gifts
_____
Baby Book
_____
Baby Book
List of People to Call
_____
_____
_____
_____
Money for Valet Parking

IMPORTANT
Hospital Admission Forms
Driver'sLicense
Obstetrician Contact Information
Copy of Insurance Card
Copy of Driver's License

Paperwork for Baby's Birth Certificate
Social Security Number, and Insurance
_____
_____
_____
_____

VNA Health Care