Northern Illinois University
Consent to Participate in a Research Study

Title of Study: **The Effect of Diabetes Education Through Social Media on Type 2 Diabetes in a Community Health Clinic**

Investigator

Name: **Tochi Okwueze** **Dept:** Nursing **Phone:** 6308880280

Key Information

- This is a voluntary research study to determine if the implementation of an online Diabetes Self-Management Education (DSME) class will impact patient participation in diabetes self-management and, knowledge of type 2 diabetes, thus levels, and lowering their glucose levels as evidenced by a reduction of Glycated hemoglobin (HBA1c) by one points at least one point over three months
- This three-month study involves participation in an online DSME program
- The benefits include increased knowledge on diabetes, better glycated hemoglobin (HBA1c) and improved health care out comes.
- There are no identified risks to this project.

Description of the Study

The purpose of the study is to assess if online DSME can improve diabetes control and overall health care outcome. If you agree to be in this study, you will be asked to do the following things: complete a the pre/posttest Diabetes Knowledge test, HbA1c check post intervention, and six DSME online modules. This project will be conducted on Facebook which is an open online forum where participant identity may not be protected.

Risks and Benefits

The study has no reasonably foreseeable risks.

The benefits of participation are increased knowledge on diabetes, improved glycated hemoglobin (HbA1c) and health care outcomes.

Confidentiality

- The records of this study will be kept strictly confidential. Research records will be kept in a locked file, and all electronic information will be coded and secured using a password protected file. We will not include any information in any report we may publish that would make it possible to identify you.
- It should be understood that, with participation in this project, there is a potential breach of confidentiality with regards to possible exposure of participants information.

It should also be understood that with email correspondence, the integrity and security of emails cannot be guaranteed over the Internet. Therefore, the investigator will not be held liable for any damage caused by the message.

Compensation

There will be no compensation for participation in this project.

Your Rights

The decision to participate in this study is entirely up to you. You may refuse to take part in the study at any time. Your decision will not result in any loss of benefits to which you are otherwise entitled. You have the right to skip any question or research activity, as well as to withdraw completely from participation at any point during the process.

You have the right to ask questions about this research study and to have those questions answered before, during, or after the research. If you have any further questions about the study, at any time feel free to contact the researcher, Tochi Okwueze at tokweze@vnahealth.com or by telephone at 630.892.4355. Faculty mentor Katherine J. Coulter,

DNP, MSN, APN, FNP-BC can also be reached at 815.501.8629 and katherinecoulter@niu.edu. If you have any questions about your rights as a research participant that have not been answered by the investigators or if you have any problems or concerns that occur as a result of your participation, you may contact the Office of Research Compliance, Integrity, and Safety at (815)753-8588.

Future Use of the Research Data
After removing all identifying information from your data and/or biospecimen (HbA1C*),* the information and/or biospecimen (HbA1C), could be used for future research studies or distributed to another investigator for future research studies without additional informed consent from you.

Your agreement to participate in this project will serve as the consent and indicates that you have decided to volunteer as a research participant for this study, and that you have read and understood the information provided above. A second verbal consent will be obtained as an indication of your agreement.to allow access to health records for the study. You will not need to sign any document but may request a copy of this form to keep, along with any other printed materials deemed necessary by the study investigators.