

## 2022 ANNUAL REPORT

### **OUR MISSION:**

VNA Health Care is a humanitarian, not-for-profit organization that provides comprehensive primary care and community health services for people living in suburban Chicago and beyond. VNA strives to improve health equity and reduce health disparities with high quality, accessible, and compassionate care delivered in VNA health centers, community settings and patient homes.

**OUR COVER PHOTO:** Tochi Okwueze, FNP-BC and Susan Stefanski, FNP-BC

## **GROWING FOR TOMORROW**

This year we celebrated VNA's 20th anniversary as a Community Health Center (CHC). Twenty years ago we converted our preventive primary care clinics (which had been operating since 1918) into comprehensive, patient-centered primary care and applied for designation and funding from the Health Resources and Services Administration (HRSA). With recognition and the HRSA grant award in 2002, VNA began service as a CHC and served 6,000 individuals in the first year. This year, VNA will serve 75,000 people of all ages in health centers, homes, and community settings. In the space of 20 years, VNA has grown to support more people who reside in suburban Chicago than any other Community Health Center.

VNA's team of family practice physicians, pediatricians, obstetricians, psychiatrists, nurses, nurse practitioners, social workers, pharmacists, nutritionists, dentists, optometrists, podiatrists, mammography staff, and others have cared for well over 500,000 individuals of all ages over these 20 years. And yet, there is much to do. Over 750,000 lower-income individuals reside in VNA's service area, sometimes with limited options for health care and many with complex health conditions that require coordinated care.

With a central mission to improve access to care and decrease health disparities, VNA aims to serve 100,000 individuals per year in the coming years. We will expand certain existing clinics and add new locations to support this growth. As always, we strive to provide high-quality, convenient, low-cost services that result in an excellent experience for each patient. Accordingly, we pledge our continued commitment to these pillars of practice in our approach to the delivery of care.

We look with excitement to our plans laid before us and the opportunity to serve more people in communities across suburban Chicago. Many thanks for your support as we have expanded over these past years and for supporting us as we move forward, growing for tomorrow.

Lunie Windel Mr. Shal

Linnea Windel, MSN, RN, FAAN President & CEO

Mike Shales, CPA Chairman







## **Quality Health Care for All**





Viridiana Hernandez, MS, RDN, LDN, led a painting class with participants of Take a Break with VNA, a new program for older adults to reduce social isolation and to provide healthcare resources.

VNA offers a wide array of free classes and educational activities to patients and the community. Classes cover topics such as breastfeeding, financial wellness, nutrition, parenting, and prenatal health. The Walk with a Doc and Take a Break With VNA programs combine a light-hearted atmosphere with health care guidance from VNA health professionals.

### **VNA Increases Access to Care and Improves Health Equity**

► Family Case

Caseload

1.500+

Management

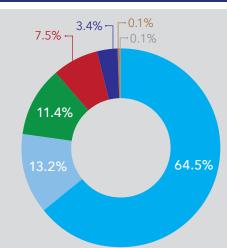
28.88%

### **COMMUNITY HEALTH PROGRAMS FOR FAMILIES**

- ► WIC Caseload 4,200+
- ▶ Healthy Families' Home Visits 2,100+
- **VNA BENEFITS** ASSISTANCE



▶ Home Health Nurses deliver baskets of fresh fruit and vegetables to patients every week in the summer.



### **Patient Ethnicity**

• Hispanic or Latino 64.5% White 13.2% • Black or African American 11.4% • Unspecified 7.5% 3.4% Asian • American Indian or 0.1% Alaska Native Native Hawaiian or Other Pacific Islander 0.1%

▶ Percentage of Uninsured Patients:

Medicaid and SNAP applications

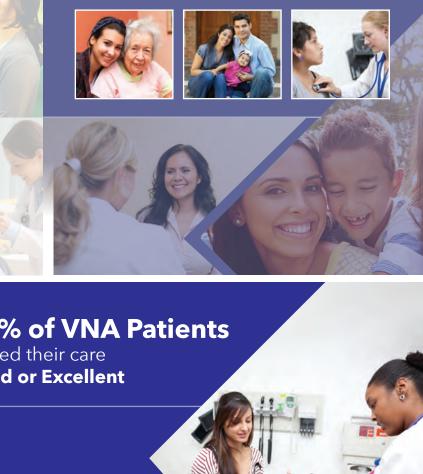
Other Benefits Inquiries: 1,600<sup>+</sup>

completed: **4**,**800**+



- ▶ Health Center Patients Served **70,000**+
- ► Health Center Patient Visits
- ► HouseCalls Visits
- COVID-19 Tests to Date
- **COVID-19 Vaccinations** Administered to Date
- ▶ Pharmacy **Prescriptions Filled**





### 93% of VNA Patients

ranked their care **Good or Excellent** 





189,000+ 1.100+ 65,000+ 100,000+ 36,300+



VNA has been recognized by the Health Resources & Service Administration (HRSA) for increasing access to enabling services based on social risk factors impacting patient health.

HRSA also awarded VNA the badge for Advancing Health



Information Technology (HIT) for Quality as VNA has optimized HIT services that advance telehealth, patient engagement, interoperability, and collection of social determinants of health data to increase access to care and advance quality of care.

## **Highlights of the Year**

## Joliet Groundbreaking

On June 21st, VNA was joined by community leaders for the groundbreaking of its newest health center located at 1501 West Jefferson Street in Joliet. The clinic will open in the summer of 2023.



## Bensenville **Opening v**



The Bensenville Chamber of Commerce hosted a ribbon cutting ceremony for VNA's newly relocated health center in Bensenville. City officials and local community leaders joined VNA staff to unveil the expanded clinic.

# An Award-Winning Team v

VNA Health Care received the Non-Profit Award from the Elgin Area Chamber of Commerce for its work providing COVID services in the community as well as a Partner of the Year award from Elgin U-46 School District for providing COVID-19 vaccination services. The VNA Health Care team has also received multiple awards for their exceptional service to the community including the Will County MAPP Heart Award and the Illinois House of Representative Certificate of Appreciation from Representative Stephanie Kifowit for VNA's role in organizing clinics to administer COVID-19 vaccines, boosters, and annual flu shots.

# **Caring for a Growing Community**



VNA's mission is to serve all people with a focus on improving access to care for those who would otherwise have difficulty obtaining health services. VNA received a request from the DuPage County Health Department (DCHD) and DuPage Health Coalition (DHC) to provide care for Venezuelan immigrants transported to the area from Texas. VNA collaborated with DCHD, DHC and the

## VNA Improves its **Digital Footprin**

In 2022, VNA launched its new website which provides patients with expanded information and resources regarding VNA services in a more user-friendly format. VNA also began producing a new digital short series called

# Outdoor **v Wellness Services**

In partnership with Fox Valley Park District, VNA helped improve the Wilbert Walters Park with exercise equipment and signage with healthy lifestyle suggestions spread throughout the newly revamped park. This will allow VNA to incorporate more outdoor activities into our free wellness services, including Walk With a Doc.



## **20th Anniversary Celebration** as a Community Health Center **v**



In 20 years, VNA has grown from serving 6,000 patients to an anticipated 75,000 patients this year. Linnea Windel, President & CEO, of VNA, spoke to local community leaders about continued plans to grow in the coming years.







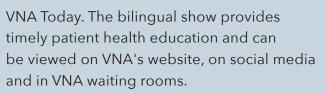
Illinois Department of Human Services to provide initial care using VNA's mobile health care van with follow-up appointments at VNA clinics. The Tri-Town YMCA provided transportation for families to get to and from clinic visits. With the arrival of these newest members of our community, VNA builds on its aim to eliminate inequities in health care by serving everyone in need.

Treating

Seasonal

Alleraies

**VNA<sup>o</sup>Todav** 



## **20th Anniversary as a Community Health Center**





2016

Romeoville health center relocated to a newly-constructed location with three wings and 22 exam rooms and is designated as a School-Linked Health Center for Romeoville High School

VNA Health Care established services at DuPage County Health Department



A second health center in Carol Stream opened in the Mona Kea **Professional Park** 



2019

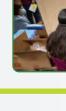
Disorder in support of local and national

efforts to address the opioid crisis

Aurora Township and Pace, a shuttle-bus service for VNA patients was started in January 2020

In collaboration with the City of Aurora,



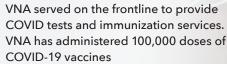


COVID-19 vaccines

VNA launched Medication Assisted Treatment services for Opioid Use







2022 VNA relocated the Bensenville health center to 213 W. Main St.

## **Plans for the Future**

## **Leadership Team and Boards**



"Remember to celebrate milestones as you prepare for the road ahead."

-Nelson Mandela

Over the past 20 years, much has been accomplished. And yet, until every one of our neighbors has access to health care that meets their needs, VNA will continue to work to address those needs-just as it has for over one hundred years. This is why we will be Growing for Tomorrow, increasing the depth and breadth of services VNA offers in order to provide care for 100,000 patients a year.

### Our bold vision includes plans for:

#### • Transition of VNA's Electronic Medical Record to EPIC and a new patient portal, MyChart

- Opening of a drive-through pharmacy at our Elgin Health Center on Villa Street
- Increased obstetric and pediatric services for families with the expansion of VNA's Health Center at Indian Avenue in Aurora to include more exam rooms and enhanced services
- Opening of a new VNA Health Center in Joliet
- Expansion of the VNA Career Pathway Program in partnership with the Edward-Elmhurst Health Community Investment Fund and the Aurora Women's **Empowerment Foundation** in order to advance education and deepen the meaning of the future career experience



- Expansion of VNA Wellness Services including classes and programs like Walk With a Doc
- Improvements at the VNA Health Center campus on Highland Avenue to accommodate health center access for growing volumes of pedestrians and vehicles



- Expansion of care for older adults including all-inclusive medical services and social assistance to support seniors living independently in communities across the VNA service area
- Expansion of mental and behavioral health services including additional substance use disorder services

### **Senior Leadership Team**

Linnea Windel, RN, MSN, FAAN President & Chief Executive Officer

Claire Dobbins, RN, MS, NE-BC VP of Clinical Services/Chief Clinical Officer

Fadel Azer, MD, FACOG Medical Director

**Amy Baudouin, FMP** VP of Facilities & Office Operations

Sonny de Rama VP of Development & Innovation

Jim Hojnacki VP of Administrative Operations

Sangmesh Jabshetty, MD Medical Director

### **Governing Board and Advisory Boards**

#### **Governing Board**

**Mike Shales** Chairman

**Byron Saum** 

1st Vice Chairman

**Miriam Smith** 2nd Vice Chairman

Gary Ahasic Secretary

Kristine Marsh Treasurer

**Charles Brown** Director

**Diana Conde** Director

Jeff Eilert Director

Lucy Ferrer Director

Kathe Pava Director

Director

Alma Harrell

Mary Taylor Director

Maria Topete Director

8





Laura Peterson VP of Marketing & Communications

**Theresa Powell Williams** AVP of Employee Services

Jordan Scofield, RN, BSN, JD AVP of Clinical Services

Michelle Sexton, FNP-BC AVP of Health Center Operations

Tammy Spooner VP of Revenue Cycle & Collection Management

**Jill Stevens** Controller

#### **Elgin Advisory Board** Carol Gieske

Chairman

**Kimberly Dewis** 

Dan Fox

Joan Kanute

**Amber Peters** 

Kim Plate

Laurie Schachtner

**Dawn Silfies** 

#### **DuPage Advisory Board**

Kara Murphy Chairman

Ken Bartels

Adam Forker

Marla Fronczak

Geri Kerger

Marcie Lafido

**Bette Lawrence-Water** 

Amanda Nonnie

**Christy Poli** 

April Redzic

Dawn Roznowski

Lara Schwarz

### **Donors & Grantors**

VNA provides comprehensive primary care and preventive services in clinics, patient homes, and community settings such as schools, faith-based organizations, senior living facilities, and workplaces. VNA strives to improve health equity and reduce health disparities with high-quality, accessible, and compassionate care. Support from the grantors and donors below helps make this possible.

Janet Zengel

In Honor of

Laura Zimmerman

**Fred Barnard** 

Dr. Laura Anderko

Campbell

Ebeling

Richard Ebeling

Hoffman

Kroll

In Memory of Irene V.

Irene V. Campbell Trust

In Memory of Marlisa

In Memory of Floyd

Richard & Anne Dietz

In Honor of Doris A.

Doris A. Kroll Trust

In Memory of Walter

F. Meinert

Mennie

Mary Tetzlaff

R. Norris

& Matilde

Padernal

In Memory of

Leota Norris

MaryAnn Andrews

In Memory of Joan

In Memory of Steven

In Honor of Melanio

Agnes F. Padernal

Sherman Rosen

Sarene Rosen

Donors

Amazon Smiles

Anonymous James Bachman Ken Bartels Benevity Community Impact Fund Charles & Mary Kay Brown Gregg & Jan Buchner

J.R. Carson

Janet S. Craft

Foundation

Dr. Jeffries Eilert John & Jean Frana Charitable Gift

Patrick & Lora McGuire

James & Katherine Navota

Terence & Kimberly Olah

Neal & Mary Clark Ormond

David & Jeri Ott

John & Sue Potter John & Shirley Roesch

Daniel & Susan Russo

Duane & Jeaneen Suits Donna M. Tabernacki

United Way of Greater Milwaukee and Waukesha County

Ken Vass

Linnea Windel

#### In-Kind Donations

Direct Relief Jerry's Welding

#### A Century of Service

Cordogan Clark & Associates

#### Community Partner Events

**Give a Girl a Mammogram** Rosary High School

#### Give a Girl a Mammogram

Paul Abel Edith Aguilar Layla Ajeena Natalia Andrade Erica Bastian Jeza Cepeda Theresa Ellingsen Diane Ferriss Dulce Gutierrez Viridiana Hernandez Chrissie Howorth Sigrid Hugh Pam Jimenez

#### Sue Laurila Bev Maples Giselle Marquez Lorena Marquez Delgado Connie Masson Vanessa Perez Laura Peterson Karina Prado Veronica Reyes

Jordan Scofield Brenda Spooner Tammy Spooner Susan Stefanski Jill Stevens Liang Tang Priyanka Tiwari Anahi Valenzuela

Blanca Vargas Rachel Warner Erin Weldon Linnea Windel

Laura Zimmerman

**VonOhlen** Lisa Hill & Todd

VonOhlen

#### **Giving Tuesday**

Anonymous Anonymous Anonymous Dr. Fadel F. Azer Amy Baudouin Rocio Cepeda Mary Ellen Corrado Claire Dobbins Carol & Patrick Gieske Theodore & Wanda Grabow Linda E. Gustavson Leslee Fivelson Dan & Karen Fox Lisa Hill & Todd VonOhlen James Hojnacki Chrissie Howorth Sue Kammes Kristine & Ken Marsh Erin Quinn

Jordan Scofield John & Tammy Spooner Beverly Weldon Erin Weldon

In Memory of John S. "Jack" Shales

Mike & Petrecia Shales

**Healthy Families** 

Batavia Mothers' Club Foundation

Woman's Club of Aurora

#### Home Based Services

In Memory of Samuel G. Gustavson

Linda E. Gustavson

In Memory of Evelyn M. Lottero

Bernadette A. Gleeson

**In Memory of Agnes Gaetana Marquard** Julie Hansen

Mental & Behavioral Health

Sharon Swanson

#### Pediatrics

Anonymous

**Vision Clinic** 

Lions District 1J Warrenville Lion's Club

#### Wellness Programs

Clifford G. Pensyl

#### **VNA Expansion**

Anonymous

#### VNA Shuttle Bus -In-Kind Supporters

Aurora Township City of Aurora Pace Suburban Bus

#### **Grant Supporters**

American Cancer Society - CHANGE Program

Aurora Women's Empowerment Foundation

Blue Cross Blue Shield of Illinois

The Chicago Community Foundation -Anonymous Donor -Advised Fund

Delta Dental of Illinois Foundation

**Dunham Foundation** 

DuPage Medical Group Charitable Fund of the DuPage Foundation

Edward-Elmhurst Health Community Investment Fund

Federal Bureau of Primary Healthcare

Fox Valley United Way

Health Resources & Services Administration

Illinois Children's Healthcare Foundation

Illinois Department of Human Services

Illinois Department of Public Health

Illinois Primary Health Care Association

INC Board, NFP

Kane County

Kane County Health Department

Kendall County

Northwestern Memorial HealthCare

The Rotary Club of Naperville

Rush Copley Foundation - Fox Valley Heart Fund

Start Early

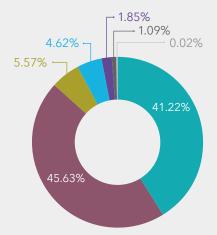
Susan G. Komen

United States Department of Agriculture

United Way of Metropolitan Chicago

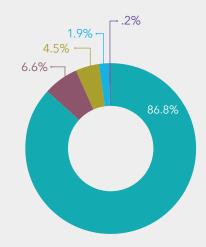
University of Chicago - IL-Cares

## Financial Overview



#### Sources of Revenue FY22

• Grants	45.63%
<ul> <li>Medicaid</li> </ul>	41.22%
Insurance	5.57%
<ul> <li>Self-Pay</li> </ul>	4.62%
<ul> <li>Medicare</li> </ul>	1.85%
<ul> <li>Contributions - Other</li> </ul>	1.09%
<ul> <li>Interest</li> </ul>	0.02%



#### Charitable Care FY22

<ul> <li>Primary Care</li> </ul>	\$6,010,042	86.8%
Mental Health	\$455,672	6.6%
<ul> <li>Home-Based Services</li> </ul>	\$310,507	4.5%
<ul> <li>Dental</li> </ul>	\$131,033	1.9%
<ul> <li>Mammography</li> </ul>	\$17,501	.2%
Total	\$6,924,755	

\$576.89		
	\$977.25	
\$1218.59		

#### Cost Efficiency:

#### Community Health Centers Annual Cost of Care per Patient

/	00000	Care per	racionic
• VNA			\$576

• Illinois	\$977.25
<ul> <li>United States</li> </ul>	\$1,218.59

.89

## **VNA Health Care Locations: 2022**











VNA-Health-Care



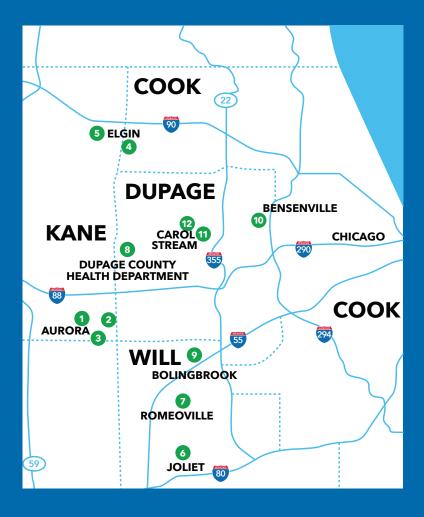
- **1 VNA Health Center | Aurora** 400 North Highland Ave. Aurora, Illinois 60506
- **2** VNA Health Center | Aurora 1400 Indian Ave. Aurora, Illinois 60505
- **3 VNA Health Center at** East Aurora High School | Aurora 500 Tomcat Ln. Aurora, Illinois 60505
- **4** VNA Health Center | Elgin 801 Villa St. Elgin, Illinois 60120
- **5** VNA Health Center | Elgin 620 Wing St. Elgin, Illinois 60123
- **6** VNA Health Center | Joliet 2400 Glenwood Ave, Suite 210 Joliet, Illinois 60435
- 7 VNA Health Center | Romeoville Designated School-Linked Health Center for D365U | Romeoville 160 N. Independence Blvd. Romeoville, Illinois 60446
- 8 VNA Health Center at DuPage County Health Department | Wheaton 111 North County Farm Road, First Floor Wheaton, Illinois 60187
- **9** VNA Health Center | Bolingbrook 396 Remington Blvd., Suite 230 Bolingbrook, Illinois 60440
- **10 VNA Health Center | Bensenville** 213 W. Main St. Bensenville, Illinois 60106
- **11 VNA Health Center | Mona Kea** 397 S. Schmale Rd Carol Stream, Illinois 60188
- **12 VNA Health Center | Carol Stream** 350 S. Schmale Rd., Suite 150 Carol Stream, Illinois 60188













### Annual report video library

Videos for this annual report are available on the VNA website! Scan the code with your phone to watch.



400 N. Highland Ave., Aurora, IL 60506 | 630.978.2532