



VACCINE MYTHS VS. FACTS

Why Getting Vaccinated Against COVID-19 Matters

Getting vaccinated against COVID-19 is a safe and effective way to protect yourself, your loved ones, and your community. By debunking common vaccine myths and presenting evidence-based facts, we hope to encourage anyone on the fence to get vaccinated and contribute to ending this pandemic.



Myth #1

The COVID-19 vaccine is not safe.

Fact: COVID-19 vaccines have been thoroughly tested and proven to be safe and effective. They have undergone rigorous clinical trials involving tens of thousands of people and have been authorized for emergency use by regulatory agencies worldwide. Additionally, millions of people have been vaccinated without serious side effects.



Myth #2

COVID-19 is not a serious disease.

Fact: COVID-19 is a highly infectious and potentially deadly disease. It can cause severe respiratory problems, blood clots, and damage to multiple organs. Even if you are not at high risk for severe illness, getting vaccinated helps protect those who are vulnerable, such as the elderly and people with underlying health conditions.



Myth #3

Natural immunity is better than getting vaccinated.

Fact: Natural immunity from COVID-19 infection is not as effective as vaccination. People who have had COVID-19 are still at risk of reinfection and may not have as strong an immune response as those who are vaccinated. Getting vaccinated not only protects you but also helps prevent the spread of the virus.



Myth #4

COVID-19 vaccines were developed too quickly.

Fact: The COVID-19 vaccines were developed quickly, but not at the expense of safety or effectiveness. The vaccines were developed using existing technology and building on years of research. The emergency use authorization process still required clinical trials and rigorous safety and efficacy evaluations.



Myth #5

COVID-19 vaccines contain harmful ingredients.

Fact: COVID-19 vaccines do not contain any harmful ingredients. The vaccines are made from a small piece of the virus or a genetic code that teaches the body to recognize and fight the virus. The vaccines do not contain live virus, preservatives, or mercury.



Ready to get vaccinated? VNA Health Care is here for you and your family! Join the fight against the spread of COVID-19 today by scheduling your free vaccination at any one of our convenient locations.